

TenShin Budo Kai Dojo

Ni-Kyu(2nd Kyu) Test / Today's Date _____

Name: _____ Telephone: _____

Address: _____

Current Rank: _____ Last Test Date: _____

Technique	<i>Posture</i>	<i>Ki-musubi</i>	<i>Ashi Sabaki</i>	<i>Te Sabaki</i>	<i>Hanmi</i>	<i>Overall</i>	Comments
3 to 5 variations on each attack or technique (Instructor's choice)							
Katate Dori							
Morote Dori							
Ushiro Tekubi Dori							
Shihonage							
Juji Nage							
Kao Tusk							
Iriminage							
Kotegaeshi							
Sayunage							
Kokyunage							
Hanmi Handachi							
Kotegaeshi							
Shihonage							
Shomenuchi (Omote & Ura Waza, Tachi & Suwari)							
Ikkyo							
Nikkyo							
Sankyo							
Yonkyu							
Iriminage (Tachi Only)							
Kotegaeshi							
Sayunage (Tachi Only)							
Yokomenuchi							
Ikkyo							
Nikkyo							
Sankyo							
Yonkyu							
Gokyu							
Sayunage							
Kotegaeshi							
Shihonage							
Demonstrate the Following							
All Ukemi							
3 man randori (full speed)							