

# TenShin Budo Kai Dojo

Sankyu (3rd Kyu) Test / Today's Date \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Current Rank: \_\_\_\_\_ Last Test Date: \_\_\_\_\_

Technique	<i>Posture</i>	<i>Ki-musubi</i>	<i>Ashi Sabaki</i>	<i>Te Sabaki</i>	<i>Hanmi</i>	<i>Overall</i>	Comments
<b>katate dori</b>							
Irimi Nage							
Kote Gaeshi							
Kaiten Nage							
<b>Mune Dori</b>							
Ubi Dori Sankyu							
Iriminage							
<b>Ushiro Tekubi dori</b>							
Kote Gaeshi							
Sankyu							
<b>Shomenuchi (Omote &amp; Ura Waza, Tachi &amp; Suwari Waza)</b>							
Ikkyo							
Nikkyo							
Sankyu							
Ushiro Kube Shime							
<b>Yoko Menuchi</b>							
Shihonage (Omote/Ura)							
Kaiten Nage							
<b>Mune Tuski</b>							
Kote Gaeshi							
<b>Ryote Dori</b>							
Kote Gaeshi							
Shihonage (Omote/Ura)							
<b>Demonstrate the Following</b>							
All Ukemi							
3 man randori (evasion)							
Ukemi (push/pull)							